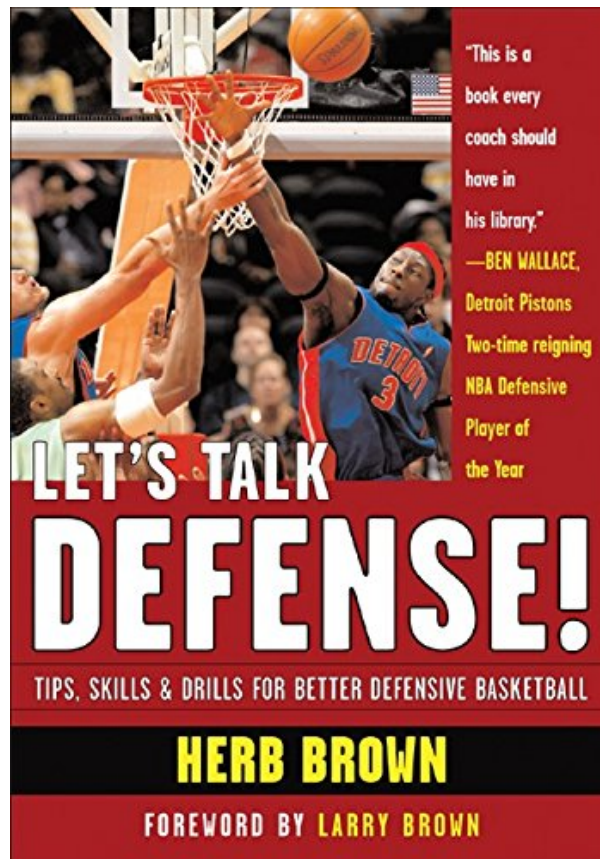
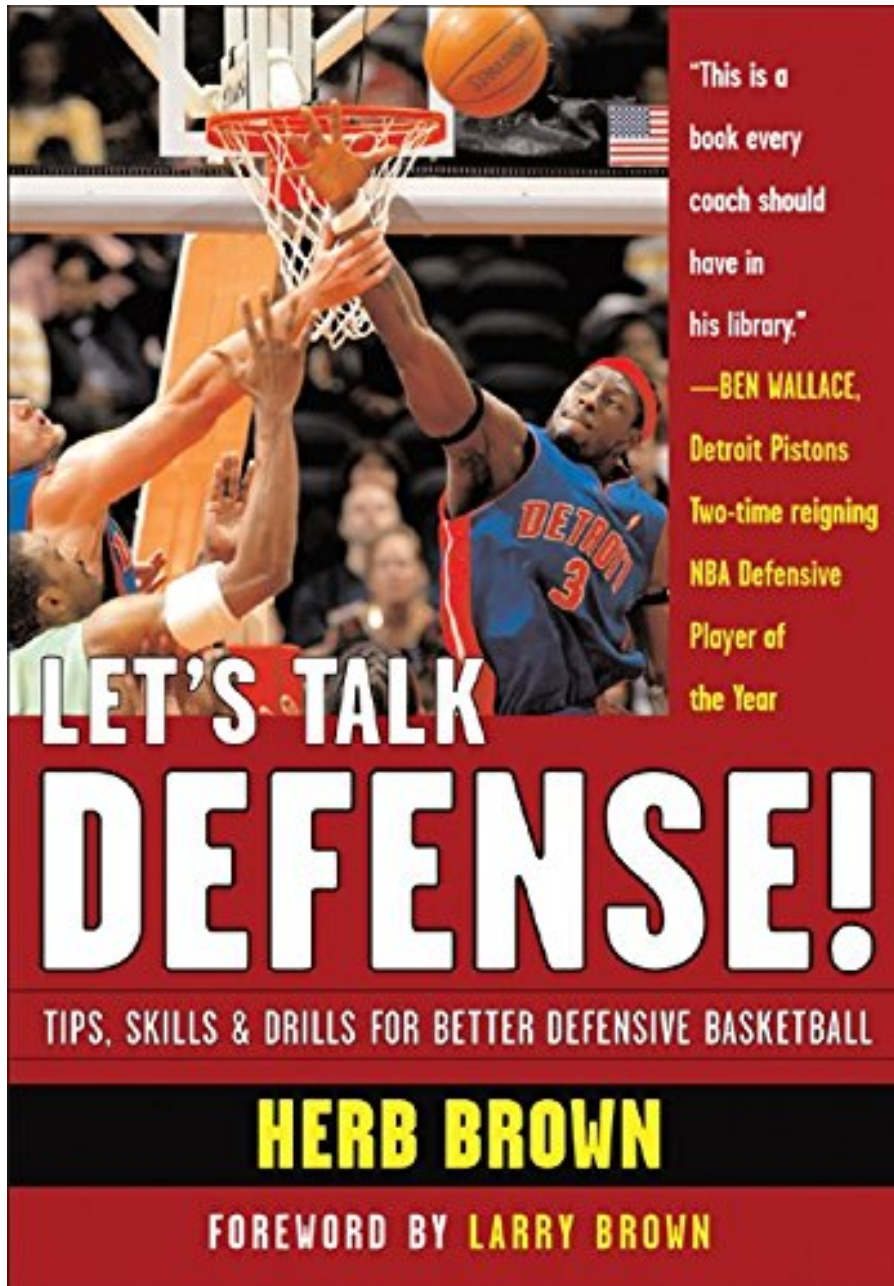


# LET'S TALK DEFENSE BY HERB BROWN



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## Review

"Herb Brown understands the most fundamental aspect of the game and that is great defense wins championships. This book will explain the basic concepts of how it is done."

## From the Back Cover

"Herb Brown is a defensive innovator and one of the leading defensive coaches in the game today. Let's Talk Defense will help take you and your team to the next level."

--Scottie Pippen, ten-time member of the NBA All-Defensive Team and six-time NBA champion

"Herb Brown's experience and defensive knowledge make Let's Talk Defense a must read for any basketball player or coach. The concepts demonstrated in his book are the same ones I use when guarding some of the best players in the NBA."

-- Rasheed Wallace, NBA All-Star

Coach Herb Brown of the Atlanta Hawks preaches a simple message: Defense wins championships. After forty years on the sidelines, Coach Brown knows what he's talking about. In 2004, he helped the Detroit Pistons master the art of defense and destroy the mighty L.A. Lakers to win the NBA championship. Now, with Coach Brown's time-tested instruction, your team can compete like champs—and come out winners.

Endorsed by top NBA players, this essential guide is loaded with official NBA photos and dozens of drills, tips, and step-by-step diagrams covering Coach Brown's winning "Defensive Keys to Victory," including:

- Making the transition from offense to defense
- Out-rebounding opponents
- Causing turnovers
- Stopping fast-break opportunities
- Eliminating penetration
- Creating havoc for the opposition
- PLUS: a special chapter on training techniques from the Pistons' strength and conditioning coach

## About the Author

Herb Brown served as head coach of the Detroit Pistons from 1976 to 1978, where he led his team to the playoffs twice. Since then, he has worked with many professional teams, including the Chicago Bulls, Portland Trailblazers, and Philadelphia 76ers. A six-time coach of the year, he rejoined the Pistons in 2004, where he assisted his brother, head coach Larry Brown, toward his first NBA title. He is currently an assistant under Mike Woodson with the Atlanta Hawks.

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"Herb Brown understands the most fundamental aspect of the game and that is great defense wins championships. This book will explain the basic concepts of how it is done." --Joe Dumars, general manager of the Detroit Pistons and former six-time NBA All-Star

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- and much more

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